



11th Annual Advanced Practice Nursing Conference  
March 23 – 25, 2012

*Capitol Views:  
Envisioning Nurse Practitioners  
in Health Care Now and  
In the Future*

Lansing Center  
333 E. Michigan Avenue  
Lansing, MI 48933

Conference hosted by the Capital Area  
Chapter of MICNP



Centrally located in the heart of Michigan!

## Thursday, March 22

4:00 - 6:00 pm Early Registration opens at the Lansing Center, 333 E. Michigan Ave, Lansing

## Friday, March 23

7:00 am Registration Opens  
 7:30 am - 8:30 am Industry Sponsored Breakfast & Speaker (non-CEU)  
 Helicobacter Pylori: Importance of Appropriate Testing & Management  
 Preconference workshops  
 8:30 am - 11:30 am Lunch program: Caring for the Needs of Women Veterans  
 Ethel Kellie-Schellang, MSW  
 11:30 am - 1:30 pm Preconference workshops  
 1:30 pm - 4:30 pm Welcome Reception/Formal Poster Presentation/Exhibit Opening  
 5:00 pm - 6:00 pm Hors d'oeuvres and Cash Bar  
 Review posters for continuing education credit.  
 6:00 pm - 7:00 pm Influencing our Practice and Patients Legislatively  
 Special Guest Speaker - State Representative Lesia Liss  
 8:00 pm Social Event - Play at Riverwalk Theater (details on page 3)

Quote from 2011 Conference attendee:  
 "I always learn things. Great to network with NPs and learn more from the source."

## Saturday, March 24

6:00 - 7:00 am	Fun Run/Walk - 3K and 5K trails along the River Trail (details on page 3)					
7:30 - 4:00 pm	Registration					
7:30 - 9:45 am	MICNP Annual Business Meeting					
10:00 - 11:00 am	Exhibits	Antibiotic Resistance	Practice Guide for Culturally Competent Care	Women and Heart Disease	Aquapheresis for treatment of Acute Heart Failure	
11:30 - 1:00 pm		Lunch/General Session: Rheumatoid Arthritis Susan Simmons, PhD, ARNP				
1:30 - 2:30 pm		Anticoagulant Review/Update	Strategies to Prevent Stroke	Asthma Update	Promoting Healthy Conversations about Sex	The DNP and Me
2:45 - 3:45 pm		Pain Management	Treating Tobacco Dependence	CV Risk in Children & Adolescents	Medicate, Operate or Palliate	
4:00 - 5:00 pm		General Session: National Nurse Practitioner Legislative Update Penny Jensen, DNP, APRN, FNP-C, FAANP				
5:00 - 6:30 pm		PAC reception and Posters (details on page 3)				

Join us for a 3K & 5K Fun Run/Walk Saturday morning before the conference! Details on page 3.

### Inside the brochure:

About the conference	3
Social Events	3
PAC Reception	3
Friday Details	4
Sat & Sun Details	5
Registration information	6
Registration form	7

## Sunday, March 25

8:00 - 9:00 am	Continental Breakfast Program Activist and Change Agent: The Right Person, in the Right Place, at the Right Time Geradine Simkins, RN, CNM, MSN			
9:10 - 10:10 am	Polypharmacy in Older Adults	Laugh Until It Doesn't Hurt	Menopause & DM	The Ecology of Wellness
10:20 - 11:20 am	Pharmacologic Management of Sleep Disorders	Food Allergy	Mid Life & Beyond	Interprofessional Approach to Sepsis Care
11:30 - 12:30 pm	General Session - Reimbursement Issues for NP's Nancy George, PhD, FNP-BC and Cathy Barrett CPC, MA, MSN, NP			

## Welcome Letter

The Capitol Area Nurse Practitioners' Association welcomes you to the 11<sup>th</sup> annual MICNP State Conference!

The Capitol Views Conference was the first state conference planned with a statewide planning committee. NP's throughout the state assisted with their expertise to compile an evidence-based meeting utilizing experts on a wide variety of topics. We hope

you will find sessions educational and practical in your continuing education!

The annual state conference is a time of renewal and collegiality with NP's throughout the state. Join us for some of the planned social events. Our Hospitality Committee has worked hard to coordinate events including taking in a comedic play or a Fun Run/Walk. We look forward to

your participation of fun and friendship with any of these events.

We expect that you will enjoy your time in our State Capitol. Visit our Greater Lansing Resource Table and we can assist you with ideas for dinner or a night out with family and friends during your stay. We hope to see you in March!

Mary Smania  
Capital Area Chapter President



111 N. Grand Ave.  
Lansing, MI 48933

A block of rooms has been reserved at the Radisson Hotel in Lansing at a rate of \$118/night.

Contact  
517-482-0188

Use the promotional code:  
MCNPI2

## Educational Tracks:

Track 1 (Concurrent A)	Pharmacology
Track 2 (Concurrent B)	Primary Care
Track 3 (Concurrent C)	Women's Health/Pediatrics
Track 4 (Concurrent D)	Acute Care

## Continuing Education Credit

Application for contact hours will be made by the Michigan Council of Nurse Practitioners. MICNP is accredited by the American Academy of Nurse Practitioners as an approved provider of Nurse Practitioner continuing education. **Anticipated** contact hours are: 18 possible per attendee.

## Planned Social Events



Join us Friday evening at the Theatre to see 'Becky's New Car'. Have you ever been tempted to flee your own life? Becky's New Car is a thoroughly original comedy with serious overtones, a devious and delightful romp down the road not taken.

**Friday, March 23 at 8:00 pm**

The Riverwalk Theater is located at 228 Museum Drive, Lansing, MI. Across the street from the Lansing Center and just a short walk from the Radisson Hotel.

**Tickets are only \$11.00**

A block of tickets has been reserved for our group. Be sure to sign up and pay with your registration!

### 3K & 5K Fun Run/Walk

**Saturday, March 24  
6:00 - 7:00 am**

**FREE** - only personal motivation required!

Start your morning off with a brisk run/walk with your fellow NP's. The run/walk will take place along the River Trail, just outside the Radisson's doors!

Each route will be marked out along the River Trail.

Even though the event is free, be sure to register to receive your FREE gift!

### MICNP PAC Cocktail Reception

**Saturday, March 24  
5:00 - 6:30 pm**

Every year, the Michigan Council of Nurse Practitioners (MICNP) hosts a Political Action Committee (PAC) fundraiser in conjunction with the MICNP Annual Conference.

Join us this year for the MICNP PAC Cocktail Reception located at the Lansing Center.

**Ticket cost: \$25/person**

Be sure to sign up and pay with your registration!

Proceeds will benefit the MICNP PAC and MICNP's Legislative Fund

## Pre-Conference Workshop - Friday, March 23

7:30 - 8:30 am Industry Sponsored Breakfast & Speaker (non-CEU)  
Helicobacter Pylori: Importance of Appropriate Testing & Management

8:30 - 11:30 am Conference AM Workshops

### **Improving Drug Use** - *Dan Streetman, PharmD*

According to some sources, drug toxicities are the 4th leading cause of death in the U.S. Inadequate drug response is another major clinical problem. This workshop will focus on reviewing some of the progress made in understanding this problem and applying this knowledge to practice. Some specific topics to be covered include pharmacogenomics, drug-drug interactions, the impact of diet/nutrition, and the influence of disease and age.

### **Suturing 101: Fundamentals and Basic Laceration Repair** – *Kerry Risco, PhD and Gretchen Schumacher, PhD, GNP-BC* **LIMIT OF 40**

This seminar is an introductory course for basic suturing of simple wounds/lacerations. It is ideal for a beginner or clinician wishing to "brush up" on basic skills. Participants will review basics of wound care and wound preparation in addition to practicing suturing techniques on various simple lacerations.

### **Advanced Orthopedic Assessment of the Upper and Lower Extremities: A Manual Review** – *Yvette Petti, PhD, ANP*

A manual review of upper and lower extremity advanced musculoskeletal assessment techniques whereby participants will have an opportunity to demonstrate competencies through the conduction of direct physical assessment. This will also include a review of the anatomical and clinical considerations to the application of specific assessment testing. The participants will be able to demonstrate an increased knowledge of assessment techniques through successful demonstration of didactic manual testing.

### **Advanced Neurological Exam Techniques for the Ambulatory Care Setting -**

*Donna Rossini, FNP; Donna Auer, ANP; Miriana Popadich, FNP; Bela Selzer, NP and Praveen Dayalu, MD*

This workshop will build on the fundamentals of the neurological exam to broaden the practitioner's skills in assessing common office problems across the lifespan. Covered topics will include gait, coordination, and movement abnormalities; peripheral nerve disorders; headache; low back pain; and pediatric enlarged head circumference. Where appropriate, participants will practice exam techniques under faculty supervision. Please wear comfortable clothing and bring a reflex hammer.

11:30 - 1:30 pm **Lunch Program**

**Caring for the Needs of Women Veterans** - *Ethel Kellie-Schellang, MSW*

1:30 - 4:30 pm Conference PM Workshops

### **Wound Care in the Primary Care Setting** - *Linda Barabash, FNP-BC, CWOCN*

This presentation will explore the various types of wounds that are commonly seen in primary care and clarify appropriate treatment options as well as prevention techniques and when to refer for further evaluation. Hands-on practice in common debridement techniques and simple incision and drainage will be provided.

### **What's New with Drug Therapy** - *Dan Streetman, PharmD*

This workshop will review both new information about the clinical use of drug therapy and new drugs that have been approved for use in the last several months. This workshop will also contain a general discussion of recent trends in how drugs are being selected, used, and monitored. Throughout the discussion, how these new items impact current/past practice will be emphasized. Interactive question and answer sessions will be included.

### **Everything You Wanted to Know About Abdominal X-rays/Imaging** - *Lindsay Zeeb, MD*

Learn everything you wanted to know about ordering a radiology study of the abdomen. We will also go over key concepts in basic film interpretation of an abdominal x-ray.

### **Dermatologic Discussions: Current Treatment and Future Implications for Evidenced Based Research** – *Heather Roebuck, FNP*

This interactive dermatologic workshop will focus on proper skin care and inflammatory cutaneous disorders with comorbid conditions. Skin cancer prevention, detection, and treatment will also be discussed. Current pharmacologic and surgical treatments for each condition will be shared and gaps in evidence based research will be explored.

5:00 - 6:00 pm **Welcome Reception/Formal Poster Presentation/Exhibit Opening**

Hors d'oeuvres and Cash Bar  
Review posters for continuing education credit.

6:00 - 7:00 pm **Influencing our Practice and Patients Legislatively**

Special Guest Speaker - State Representative Lesia Liss



Quote from 2011 Conference Attendee:  
"I appreciate bringing in experts – regardless of profession to address topics (i.e. Pharm D, physicians, etc) in addition to NPs"

Paper handouts will be available for Friday workshops only. All other handouts will be available for download prior to the conference via our website.



For a detailed description of each workshop, please visit our website:

[www.micnp.org/conference](http://www.micnp.org/conference)

Join us Friday evening at 8:00 pm for a planned social event at the Riverwalk Theatre.

See details on page 3

## Saturday, March 24

6:00 - 7:00 am 3K & 5K Fun Run/Walk - See page 3 for details

7:30 am Registration Opens

7:30 - 9:45 am

### MICNP Business Meeting w/breakfast

MaryLee Pakieser, MICNP President

10:00 - 11:00 am Concurrent Sessions (Select one)

- A. **Review of Antibiotic Resistance: Emphasis on Identification, Treatment and Prevention of Multidrug Resistant Infections** – Jerod Nagel, PharmD
- B. **A Practice Guide for Providing Culturally Competent Care in Primary Care Settings** – Marilyn Eipperle, MSN, RN, FNP-BC and Marilyn McFarland, PhD, RN, FNP-BC
- C. **Women and Heart Disease: Who Else is at Risk?** – Cheryl Bord, ANP
- D. **Aquapheresis for Treatment of Acute Heart Failure: The Benefit and How To** - Margaret M Glembocki, DNP, ACNP-BC and Jacqueline Jones, MSN, ANP-BC

11:30 - 1:00 pm

Lunch Program - **Evidence Based Diagnosis & Management of Rheumatoid Arthritis** - Susan Simmons, PhD, ARNP

1:30 - 2:30 pm Concurrent Sessions (Select one)

- A. **Anticoagulation: Understanding a Bloody Complicated Affair** – Denise Pratt, PharmD
- B. **Risky Business: Strategies to Prevent Stroke** – Melanie Keiffer, ANP
- C. **Asthma 2012: Establishing & Maintaining Control** - Karen Meyerson, MSN, RN, FNP-C, AE-C
- D. **Promoting Healthy Conversations About Sex Between African American Fathers and Sons** – Jade Curry, PNP
- E. **The DNP and Me: The Clinical Doctorate for Advanced Practice Nursing** – Dianne Conrad, DNP, FNP

2:45 - 3:45 pm Concurrent Sessions (Select one)

- A. **Persistent Pain Syndromes: Treatment and Medication Management of Low Back Pain, Fibromyalgia and Post Herpetic Neuralgia** – Leslie Simons, ANP, Certified Pain Nurse
- B. **Treating Tobacco Dependence** – Karen S. Brown, MPA
- C. **Cardiovascular Disease Risk in Children and Adolescents: Risk Perception and Activation for Primordial Prevention and Behavioral Changes** – Barbara Jaquith, DNP, PNP
- D. **When the Decision is Difficult: Medicate, Operate or Palliate?** – Barbara Opperwall, NP

4:00 - 5:00 pm General Session

### National Nurse Practitioner Legislative Update -

Penny Kaye Jensen, DNP, APRN, FNP-C, FAANP

5:00 - 6:30 pm

**PAC Cocktail Reception & Posters** - See page 3 for details

## Sunday, March 25

8:00 - 9:00 am

Breakfast Program - **Activist and Change Agent: The Right Person, in the Right Place, at the Right Time** - Geradine Simkins, RN, CNM, MSN

9:10 - 10:10 am Concurrent Sessions (Select one)

- A. **Polypharmacy in Older Adults** – Tami Remington, PharmD
- B. **Laugh Until It Doesn't Hurt** – Iris Zink, ACNP
- C. **Menopause Symptoms in Women with Diabetes: The Importance of Glucose Control** – Patricia Rouen, PhD, FNP
- D. **The Ecology of Wellness- A Nursing Education Imperative** – Sharon Olson, PhD, GNP

10:20 - 11:20 am Concurrent Sessions (Select one)

- A. **Pharmacologic Management of Sleep Disorders and Related Conditions** – Christopher D. Bojrab, MD
- B. **"Best Practice" Clinical Guidelines for the Diagnosis and Management of the Child/Adult/Family with Food Allergy** – Joan O'Lear, ANP and Mary Susan McMahon, FNP
- C. **Mid Life and Beyond - Helping Women Transition Through Menopause to Age Well** – Laura Ford, PhD, RN, CNP
- D. **An Interprofessional Approach to Sepsis Care** - Susanna Siranni, ANP-BC, MSN, CCRN and Maria Palleschi, RN, MSN, CCRN

11:30 - 12:30 pm General Session

**Reimbursement Issues for NP's** - Nancy George, PhD, FNP-BC and Cathy Barrett, CPC, MA, MSN, NP



For a detailed description of each session, please visit our website:

[www.micnp.org/conference](http://www.micnp.org/conference)

Handouts will be available for download via our website prior to the conference.

Go Green...load the handouts onto a thumb drive or your laptop/iPad to view while attending each session. Pages for notes will be given at the conference.

## Registration Information

Online registration is for Credit Card payment only.  
Please visit our website at:

[www.micnp.org/conference](http://www.micnp.org/conference)

If paying by check, please use the registration form in this brochure and mail with payment. Allow 7-10 days for processing.

On-site early registration/sign-in will be on Thursday, March 22, 2012 from 4:00 – 6:00 pm at the Lansing Center.

Fees for the conference include contact hours for all sessions attended and the following:

- ◇ **Friday Workshop(s) only:**  
Handout material for Friday workshop(s) attended and Friday luncheon.
- ◇ **Saturday OR Sunday One-Day Registration:**  
Conference materials for the day attended, breakfast and/or luncheon of the day attended. Handouts will be available for download via our website prior to the conference.
- ◇ **Full Conference:**  
Friday evening reception, Saturday sessions with breakfast and lunch, and Sunday session with breakfast. Handouts will be available for download via our website prior to the conference.
- ◇ **Full Conference + workshop(s):**  
Full conference (as listed above), in addition to handouts for Friday workshops attended and Friday lunch.

### Confirmations

Email confirmations including a list of sessions in which you are enrolled will be sent upon completing the registration process online. If you do not receive a confirmation email, your registration may not be complete and you need to contact the office. If mailing in registration, please allow 2 weeks to receive your confirmation email.

### Refunds/Substitutions

Refund requests must be submitted in writing and postmarked no later than March 2, 2012. You will receive a full refund minus \$25 administrative fee.  
There will be no refunds for any reason after March 2, 2012.

Written notification of substitutions must be received by March 9, 2012; no penalty fee will be assessed for substitutions and they will be allowed as seating permits.

### Handouts

Paper handouts will be available for Friday workshops only. All other handouts will be available for download prior to the conference via our website.

### Social Events

Attendees may register for the planned social events online when registering for the conference.

### Questions regarding Registration?

Contact the MICNP Business Office  
Phone: 734-432-9881

## Early Bird Registration Rates Received BY March 2, 2012

Friday Workshops (EACH)		Full Conference (Sat/Sun)	
Member	\$90	Member	\$210
Non-Member	\$115	Non-Member	\$270
MICNP Student Member	\$65	MICNP Student Member	\$130
Non-Member Student	\$90	Non-Member Student	\$155
Saturday Only		Sunday Only	
Member	\$160	Member	\$90
Non-Member	\$200	Non-Member	\$110
MICNP Student Member	\$100	MICNP Student Member	\$50
Non-Member Student	\$125	Non-Member Student	\$75

## Late Registration Rates Received AFTER March 2, 2012

Friday Workshops (EACH)		Full Conference (Sat/Sun)	
Member	\$115	Member	\$235
Non-Member	\$140	Non-Member	\$295
MICNP Student Member	\$90	MICNP Student Member	\$155
Non-Member Student	\$115	Non-Member Student	\$180
Saturday Only		Sunday Only	
Member	\$185	Member	\$115
Non-Member	\$225	Non-Member	\$135
MICNP Student Member	\$125	MICNP Student Member	\$75
Non-Member Student	\$150	Non-Member Student	\$100

